

GOLDEN RULE 4

I will learn to be in control of my destiny, and that means avoiding the “Time Robbers”, “The Controllers”, and “Negative People.”.

In everyday life, there is always a “destiny” to reach and/or fulfill, whether to be at a job site on time, to whether searching for a prominent future reaching towards a goal in life itself. However the case may be, it is a destiny that we are trying to maintain some type of achievement; a goal to accomplish.

But, whenever the opposed arrival of this destination has been tampered with, or shall we say, “a flow of resistance” that changes the pattern and/or timeline to be reached, we are no longer in control but puppets of a “negative controlled environment.”

Usually a negative controlled environment is actually an “uncontrolled environment.” An environment that deals with “time consumption” and possibly an “uncontrolled non-valuable exercise of authority” from a person, place, and/or a thing that produces some type of restraint that causes an individual to either lose control of their objective and/or waiver the focus of a thought pattern that they once had, and/or become mentally and emotionally imbalanced which can cause a spiritual disconnection from the third deity that balances your “body, mind, and soul;” the soul which controls the emotional nature of a person by disabling the mind so that the heart can become emotionally effected, therefore producing stress, anger, worry, guilt, and/or the pain of depression. (Golden Rule No. 1)

We often allow these certain entities; in regards to people, places and/or things, especially if it is of no benefit to us.

Taking a look at something as simple as “love” for example. Love is supposed to be a combination of two individuals grafting themselves as one. Even the bible continuously illustrates the most effectiveness when a man and a woman become that team and not an act of a one-sided act of kindness.

Although love is in the eyes of both beholders, love can also be abused, singled-out, and/or manipulated into a hardship of consequences. Especially, if one catches on the controlling aspect of the relationship.

Yes I love you, and sure you can see your girlfriends at times, “but” just make sure that you’re home whenever I call, okay?



Now within this same term; pertaining to the word “love,” there are certain natures in which this word carries, also possesses “a tolerance level of endurance,” and one of them is “patience.”



Patience in the nature of love, although we try to unlimited our endurance with respect, we can also provide more harm to ourselves with the “hidden emotions of mental tolerations” to the extent that our very own point of pretending to extend our courteousness to an individual or individuals in order to reach the destiny provided, becomes a character of rudeness, demonstrated outwardly on our part.

Whether it is through the tone of our voice that seeps out, the body gestures of irritation, and/or the gazing into the dream world glance; because we have turned a death ear to not being attentive to the conversation when we have had just about had enough of all of what we could bare. Especially when “time” is involved.

And/or, the “limitation of time” that we thought and have pleaded about with a nervous sweat that we once had, has now become either robbed and/or altered. All because of whom we have become in contact and/or surrounded ourselves with, was given an unwelcome opportunity to control the conversations, the surroundings, the relationships, and/or the finances, as well as the timeline of our present future to be somewhere and/or reach a fulfillment of a responsibility, duty, and/or goal by the altering of our future through the “mishandling of control” in the present.

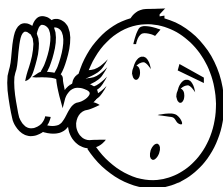
We’re not talking about the mismanagement, but the mishandling of our very own authoritative control that somehow slipped away through our fingers without grasping that once we felt the situation, circumstance, criteria, and/or even addiction; if it relates to a person, place, or thing that keeps us from our objective, has become an uncomfortable state of recognition with its existence that causes an attitude adjustment, a mental and/or emotional realignment, and/or a psychological reality evaluation check that we are now faced with “unnecessary mind pressure.”

Then there’s people who we generally surround ourselves with that has this tendency to always present conversations of negativity. As they say, “negativity brings or presents more negativity.” But the listener has a choice to either walk away, ignore the conversation, and/or better yet, just don’t allow themselves to be drawn into the conversation.

The bible says in Proverb 13:20, “He that walketh with wise men shall be wise: but a companion of fools shall be destroyed.” The bible also says in Proverb 18:21, “Death and life

are in the power of the tongue: and they that love it shall eat the fruit thereof.

Basically, what we listen to is what we also could very well be feeding off of the fruits of its poisoned tree, once the tree, or shall we say, “the individual or individuals who carries the effected gossip and/or negative conversation disease,” begins to affect us with a different view of focus.



Gossip, jokes, and/or tattletale's, false and/or true, are good example terms of how we can easily feed into it through the listening of information that was thrown out for any hearer to catch, as well as producing “negative mind clutter” to effect the focus of the listener.



“Control,” depending on the mindset of the individual, can also be used as a “mechanism” [*mechanism - in reference to this golden rule, is any physical or mental process by which a result is produced - Webster's New World Dictionary*] by which one can

produce the effects of paranoia to the opposite party with the pondering elements of curiosity, notions, speculations, and/or concerns to the effected party that was either drawn into, played-on; through verbal manipulating tactics, talked around, talked-over, talked about, and/or the exercise of a verbal control of power.

Generally, “authoritative control” maintains positive structure if used in its proper perspective. But often we find that the negative usage of authoritative control is about the domination of power over whatever entity that is present that could be subjected to being ruled over. The question is, “do we find ourselves becoming more mentally violated to the point that we cannot even speak up for ourselves, nor being apt to at least protest a debate, nor hold a conversation, in fear that we can become more intimidated by someone else’s intellect and/or having a negative authoritative control over our lives?”

We should understand that time is valued and measured by what mechanism of control is being used, and how those among the negativity features; whether verbal abuse, conversational mutter, and/or the dominating actions of a person, place and/or thing can strip us, as well as rob us from where we were going, what we were supposed to be doing, and could there have been a better future for us, if we only looked from within and noticed that we ourselves did not take the consideration that we can create our own personal controlled environment through the “Accountability, Determination, and Commitment (ADC)” towards a better life than the life and the uncontrolled environment that we have subjected ourselves to.

- Be accountable for your own self-actions
- Be determined to take a positive step forward
- Be committed to be, do, and surround yourself with positivity, and learn to enjoy this beautiful lifestyle change



Here is a very easy example: You have a child and you would like to take that child to the park, but the park across the street from you is very trashy; empty liquor bottles tossed everywhere, little finger size plastic bags sitting on the swings, and paraphernalia lying all around.

Now there is a very clean park about two miles from where you live, would you go there in order to change into a more positive environment for you and your child, or would you settle for what's in front of your doorstep?

You do not have to subject yourself to a negative or uncontrolled environment, unless you choose to live in that manner. That also means including hanging around negative people, or those who want their control of glorification by bringing you down, and the ones that has nothing better to do with their time then to spend yours.

If you made it home from something that is negative, ask yourself what draws you back to it? Failure only exists if you stop trying to get back up again. And each time you get back up, you

should already know the obstacle course that you have been continually facing.

Whether its poverty, addiction, or some type of abuse, it's about that time to overcome that obstacle, even if you need to acquire some type of assistance to help you.

As a reminder, have the courage like those whose pants hang below the butt in open public, or the ones who uses string as underwear. The only difference is that you are going to channel that courage and boldness in moving forward in life.



In all actuality, you could be struggling against yourself for nothing, and allowing “Mental Poverty” to consume you with shame.



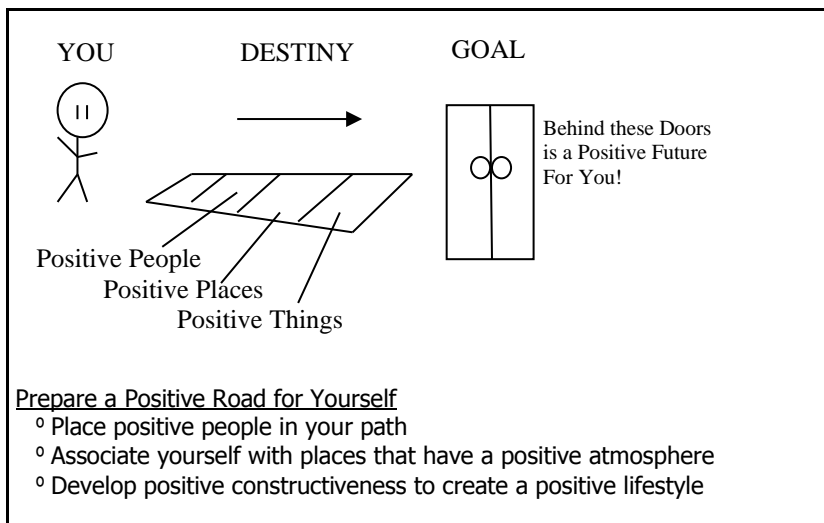
**WE ALREADY KNOW THE PAST,
OBSERVE - NOT DWELL ON IT**

Destiny *means* something to which a person or thing is destined [Destine is to direct, devise, or set apart for a specific purpose or place]. Destiny also means a predetermined course of events often held to be an irresistible power or agency.

Goal *means* the end toward which effort is directed: Aim.

[And “Aim” is to direct to or towards a specific object or goal.]

(Definitions taken from Webster’s Ninth New Collegiate Dictionary)



A “**Puppet**” is one whose acts are controlled by an outside force or influence. [And “Influence” is to have an effect on the condition or development of; modify.]

NOTE: The definitions job to these paragraphs is to give a powerful meaning and purpose; into and onto, which these words are specifically directed. In this way, there can be more understandability that can be drawn out from within ourselves to direct our attention to the “self-actions” that we may be able to acknowledge within our different criteria’s, turning those situations into learning tools to extract from and progress to a better dwelling [meaning to keep the attention directed] of our future.

Some people live their lives being manipulated to almost every voice of command and/or action. Then, there are those that

manipulate others just to feel the power of control. Therefore, when we get into talking about “negative controlled environment” being similar to “uncontrolled environment,” what we are looking at is the haphazard dangers of its effects towards self, others, places, and/or things.

I remember a time after coming out of an 11 years' worth of homelessness, pushing a shopping cart, begging and eating out of dumpsters on skidrow, when I finally got to see my mother before she passed away, I told her that I felt like I'm not succeeding in anything, that it has always been failure knocking on my door. She looked at me and grabbed both of my hands in comfort and said, **“Look at yourself now, you've reached your goal. Now it's time to work out your success!”** I never thought about it like that, I mean our initial goal is to come out of something that we have embedded ourselves into. Then, once we reached that goal no matter what it is, we are to work out our success from it. The same way is the term “Breakthrough”. Anyone can have a major breakthrough, but can one maintain the success of it. Each golden rule is the working out the success through them. Making the commitment to God and yourself in the Covenant Pledge was exactly that, a breakthrough; committing to get your life back together and have positive control over it.

A good example is wanting to own a business - that is my goal. Once reached, it becomes how do I maintain it by working the kinks out of it - that's working out my success! Get it?! **Even by you reading this book, you're already stepping into a positive goal, you're getting back up!**



Let's have an 'After Question' Dialogue:

"After I read this book and I accidentally get in a situation again, what do I do?"

"Well, again, congratulations on this success of it."

"How do you figure?"

"Your subconscious mind immediately now realizes that you want to get back in control of your life again, or in this case, want to know what to do in order to regain back control. That's what a successful breakthrough does, giving you the ability to think in a positive way for yourself."

"Hum, I never thought about it like that."

"Yes, before you didn't know what to do. Now, your commitment to want to do better automatically induced the very first Golden Rule, which is "I need to take control of my life"."

"Okay, that sounds cool. So, what do I do next?"

"Brush yourself off and find out which Golden Rule itself applies to that particular moment in order to regain the self-

awareness of the *how and what* not to do again, and move forward with a positive thinking solution to the problem [s] or poor choice [s] that was made.”

“Thanks, now I understand about this successful breakthrough in which I can actually proclaim!”

-End Dialogue

BREAKTHROUGH ~ An important discovery, event, or development that helps to improve a situation or provide an answer to a problem. ~ Cambridge Dictionary
